**Supplementary Table 1. Herbal folk medicines in Gerze.**

| Plant name (voucher specimen number) and family | Local name | YPR/IUCN | Part used | Preparation method | Application method | Disease(s) in which it is used | Loc. | Cit. | UV | RFC |
|---|---|---|---|---|---|---|---|---|---|---|
| *Alchemocchus esculenta* Moench (369), 36902 Malvaceae | Bamya | Cul | F | Boiled | Ext., applied on affected area | Abscess | 1 | 4 | 0.043 | 0.032 |
| | | | | Fresh or dried fruits are boiled, divided in the middle | Ext., applied on affected area while it is warm | Wound healing and to remove the stinging object | 10 | | | |
| | | | S | Directly | Int., 3-5 seeds are swallowed every day | Knee pain | 10 | | | |
| *Aesculus hippocastanum* L. (370), 37713 Sapindaceae | At kestanesi | Exo | S | Crushed | Ext., wrapped on affected area | Pain (especially for leg pain) | 1 | 1 | 0.010 | 0.010 |
| *Allium ampeloprasum* L. (374, 375, 375b) Amaryllidaceae | Pirasa | Cul | WP | Cooked as meal | Int., eaten | Constipation | 1 | 3 | 0.032 | 0.032 |
| | | | | Roasted | Ext., wrapped on affected area | Pain | 9 | | | |
| | | | | Directly | Int., nibbled | Gum pain and itching in babies | 10 | | | |
| *Anacamptis pyramidalis* (L.) Rich. (377) Orchidaceae | Salep | MR/LC | T | Powder is obtained by drying and grinding. A drink is prepared by boiling the tuber powder with water or milk | Int., drunk | Cough | 1 | 1 | 0.010 | 0.010 |
| *Anthemis cotula* L. (379?) Asteraceae | Papatya | ES | I | Infusion prepared with fresh or dried inflorescences | Int., consumed as tea | Cough, shortness of breath, bronchitis, asthma, flatulence or paracea | 1, 3, 16 | 7 | 0.076 | 0.054 |
| | | | | Fresh | Ext., applied as rinse | Hair care | 1 | | | |
| | | | EO | Mixed with olive oil | Ext., applied on affected area | Joint pain | 3 | | | |
| *Arctium minus* (Hill) Bernh. (379, 3730, 3731) Asteraceae | Kaba yaprak, kabalaşık | ES | L | Heated on fire. Salt and oil are sprinkled on it | Ext., applied on affected area | Bruise | 6 | 3 | 0.032 | 0.032 |
| | | | | Fresh or heated on fire/ember | Ext., applied on knees or abdomen | Knee pain or abdominal pain | 111 | | | |
| *Berberis crataegina* DC. (3750) Berberidaceae | Güvem eriği, karamuk, dimsir eriği, şalvar erik | IT | F | Directly | Int., eaten | High blood sugar or eye disorders (e.g., visual impairment, blurred vision) | 1,12 | 2 | 0.021 | 0.021 |
| *Bryonia dioica* Jacq. (3755) Cucurbitaceae | Akçaağaç tırtığı | MR | P | Heated on fire/ember or heated and pierced with a needle | Ext., wrapped around affected area/ abdomen as is or after applying olive oil and kept overnight | Pain, abdominal pain or gas pain (for babies) | 1, 3, 8, 10, 12 | 5 | 0.032 | 0.021 |
| | | | | Directly | Ext., applied on the affected area after applying olive oil wrapped on the affected area and kept overnight | Bruise or pain | 7, 11 | | | |
| | | | AP | Crushed | Ext., butter is applied to the chest and back, and leaf is wrapped on it | Cough | 14 | 21 | 0.228 | 0.119 |
| *Brassica oleracea* L. (3701, 3702, 3703, 3706) Brassicaceae | Kara lahana, kara mancar | Cul | L | Cooked as meal | Int., eaten | Goiter | 1 | 14 | 0.228 | 0.119 |
| | | | | Infusion | Int., consumed as tea | To lose weight | 1 | | | |
| | | | | boiled | Ext., wrapped on the breast while it is hot | Nipple wound, breast pain, and clogged milk ducts in breastfeeding mothers | 7 | | | |
| *Clematis vitalba* L. (3762, 3763) Ranunculaceae | Akçabey lefeği | MR | P | Finely chopped phloem is placed inside the walnut peel. 1-2 drops of kerosene are poured on it | Ext., wrapped on affected area for 1-3 days. Thus, the inflammation collected in one area is pierced with a needle and drained | Pain (especially for knee and leg pain and detoxifying | 5 | 3 | 0.032 | 0.021 |
| | | | AP | Crushed | Ext., applied on affected area for a night | Pain | 10 | | | |
| *Clinopodium nepeta* (L.) Kuntze subsp. *sarosenn* (Bois.) Bamberi & P. Centi (3767) Lamiaceae | Nane | ES | L | Decoction (with fresh or dried leaves and sometimes with lemon fruit) | Int., drunk | Nausea, flu, sore throat | 1, 7, 12,14 | 5 | 0.054 | 0.054 |
| | | | | Infusion | Int., eaten or consumed as tea | Appetizer | 3 | | | |
| *Cornus mas* L. (3751, 3752) Cornaceae | Kiren | ES/LC | F | Directly | Int., eaten | Diarrhoea, high blood sugar level | 1, 10, 15 | 3 | 0.032 | 0.021 |
| *Crataegus* sp. | Alıç | I, ex SB | F | Infusion | Int., consumed as tea | Cough | 1, 5, 7, 8, 11, 12 | 12 | 0.130 | 0.086 |
| *Cydonia oblonga* Mill. (3724, 3725, 3726) Rosaceae | Ayva | Cul | F | Directly | Int., eaten | Nausea, heartburn, and reflux in pregnant women | 1 | | | |
| | | | | ? | ? | Jaundice | 8 | | | |
| *Datura stramonium* L. (3754, 3756) Solanaceae | Tatala otu | MR | S | Directly | Int., 3-5 seeds are swallowed | Insomnia in children or pain | 111, 12 | 4 | 0.043 | 0.043 |
| | | | | Put in cigarettes | smoked. It causes hallucinations | Intoxicating | 1,7 | | | |
| *Echallium elaterium* (L.) A.Rich. (3656, 3657, 3658, 3659, 36601) Cucurbitaceae | Acı kavun | M | FJ | Dripped | 1 drop is dripped into the nose | Sinusitis | 1, 3 | 5 | 0.054 | 0.054 |
| | | | | Dripped | 1-2 drops are dripped into the ear | Ear ache | 1 | | | |
| *Elymus repens* (L.) Gould subsp. *repens* (369), 36821 Poaceae | Ayrık otu | MR | AP | Grated | Ext., wrapped on the abdomen | Fever in children | 1 | 1 | 0.010 | 0.010 |
| *Equisetum hyemale* L. (3718) Equisetaceae | Su otu, cam otu | MR/ LC | AP | Infusion | Int., consumed as tea | Stomach disorders | 2, 4 | 2 | 0.021 | 0.021 |
| *Euphorbia virgata* L. (3727, 3728, 3729) Euphorbiaceae | Sütlüğen otu | ES | LT | Directly | Ext., applied on wart for several times | Wart | 2, 10 | 2 | 0.021 | 0.021 |
| *Foeniculum vulgare* Mill. (3792, 3796) Apiaceae | Kokmuş, rezene | MR/Cul | F | Fresh or dried fruits | Int., fresh or dried fruits are eaten | Constipation | 10 | 8 | 0.086 | 0.032 |
| | | | | Boiled or decoction | Int., boiled fruits are eaten or decoction is drunk | Breastmilk enhancer | 1 | | | |
| | | | F | Almost 150 g dried fruit is mixed with almost 150 g dried fava bean and juice of a lemon. Then, this mixture is cooked to obtain a poultice. | Ext., wrapped on the waist for 3 days | Herniated disc | 1 | | | |
| *Ficus carica* L. (3786, 3787) Moraceae | İncir | M | LT | Latex that flows when raw fruit is picked | Ext., applied on wart | Wart | 10 | 10 | 0.108 | 0.054 |
| | | | L | Infusion | Int., drunk or ext., applied on the affected area | Itching | 5 | | | |
| | | | | Infusion is prepared with mallow leaves | Int., consumed as tea | Cough | 7 | | | |
| | | | | Infusion is prepared with yellowed leaves | Int., consumed as tea once a day | Jaundice | 12 | | | |
| | | | | Infusion | Int., consumed as tea | Common cold and sore throat | 1 | | | |
| *Foeniculum vulgare* Mill. (3792, 3796) Apiaceae | Kokmuş, rezene | MR/Cul | L | Directly or infusion | Int., eaten directly or infusion consumed as tea | Breastmilk enhancer | 1 | 8 | 0.086 | 0.032 |
| | | | AP | Infusion | Int., consumed as tea | Indigestion, stomach diseases, flatulence | 5, 109 | | | |
| *Hedera helix* L. (3753) Araliaceae | Sarmaşık | MR/LC | L | Decoction | Ext., as a sitz bath for one hour | To remove the placenta after miscarriage | 12 | 1 | 0.010 | 0.010 |
| *Hypericum perforatum* L. (3738, 3739, 37401) Hypericaceae | Sarı kantaron | MR/LC | FJ+L | Decoction | Int., drunk | Pain, insomnia (before bedtime) | 10 | 6 | 0.065 | 0.054 |
| | | | | Directly | Ext., applied on affected area | Wound healing | 3 | | | |
| | | | FJ | Infusion | Int., consumed as tea | Panacea, throat-wheezing | 14 | | | |
| | | | | Macerated in olive oil and filtrated | Ext., the filtrate is applied to the affected area | Nappy rash | 1 | | | |
| *Juglans regia* L. (3795, 3802, 3803, 38041) Juglandaceae | Ceviz | MR/Cul | I | Infusion | Int., consumed as tea | Haemorrhoid | 15 | 14 | 0.152 | 0.108 |
| | | | L | Infusion | Int., consumed as tea | High blood sugar | 111 | | | |
| | | | | Directly | Ext., wrapped on the head | Headache, heat stroke | 11, 11, 12 | | | |
| | | | | Fresh or boiled leaves | Ext., wrapped on affected area | Against pain | 3 | | | |
| | | | | Decoction is kept overnight | Int., drunk for ten days | Intermittent urination | 1 | | | |
| | | | L+YS | Infusion | Ext., as bath water | Low back pain | 6 | | | |
| | | | L or FP | Decoction | Int., hair is washed with decoction | Hair care and as hair dye | 1 | | | |
| *Juniperus oxycedrus* L. (3733, 3734, 3735, 3736, 37371) Cupressaceae | Ardıç | M/LC | F | Chewed | Ext., wrapped on the abdomen | Stomachache, to remove the Umbilical cord in new-borns | 10 | 11 | 0.119 | 0.043 |
| | | | C | Infusion | Int., consumed as tea or the vapour of the infusion is inhaled before bedtime | Shortness of breath, cough, and Common cold | 6, 10, 17 | | | |
| | | | | Directly | Int., 3-5 cone is eaten | Haemorrhoid | 1 | | | |
| | | | FJ+L+YS | Infusion | Ext., as bath water | Low back pain | 6 | | | |
| *Laurus nobilis* L. (3720, 3721, 3722, 3727, 37281) Lauraceae | Defne, tafine | M/LC | FJ | Decoction | Int., drunk | Haemorrhoid | 3, 116, 17 | 9 | 0.097 | 0.086 |
| | | | F | Directly | Int., fruit is swallowed | Haemorrhoid | 4 | | | |
| | | | | Crushed | Ext., applied on affected area | Pain | 4 | | | |
| | | | L | Soap is prepared with fruit oil | Ext., hair is washed | Hair care | 98 | | | |
| | | | | infusion (hidan can be added) | Int., consumed as tea | Kidney stone | 10 | | | |
| | | | | Decoction | Ext., boiled in a cauldron and put into it when it becomes warm | Pain | 5 | | | |
| | | | | Decoction is kept in the frost and filtered | Int., the filtrate is drunk in the mornings | Hypotensive | 13 | | | |
| *Matricaria chamomilla* L. var. *recutita* (L.) Grierson (3748, 3749) Asteraceae | Papatya, kuyun gözü, kuyun çiçeği | MR/LC | FI | Infusion | Int., consumed as tea or consumed as tea | Shortness of breath, sore throat, flatulence, as paracea | 1, 3, 16 | 5 | 0.054 | 0.032 |
| | | | | Infusion | Ext., hair is rinsed with infusion | Hair care | 1 | | | |
| *Mentha spicata* L. subsp. *spicata* (3757, 3758, 3759, 37601) Lamiaceae | Nane | M | L | Infusion, decoction or decoction with lemon | Int., consumed as tea | Sore throat, flu, nausea | 1, 7, 12, 14 | 5 | 0.054 | 0.054 |
| | | | | Directly or infusion | Int., eaten or consumed as tea | Appetizer | 3 | | | |
| *Mespilus germanica* L. (3741, 3742) Rosaceae | Tüngel | ES/LC | L | Decoction | Int., consumed as tea | Diarrhoea | 8 | 1 | 0.010 | 0.010 |
| *Morus alba* L. (3785, 3793, 3794) Moraceae | Dut | Cul | Sh | Burnt | Ext., applied on affected area | Thrush and cold sore | 1 | 11 | 0.119 | 0.086 |
| | | | F | Directly or crushed | Ext., wrapped on affected area | Eczema or fungal infection | 1 | | | |
| | | | | Directly | Int., eaten | Gaining weight | 3 | | | |
| | | | | Dried fruits | Int., eaten | Anaemia | 10 | | | |
| | | | | Molasses (boiled and condensed fruit juice) | Int., eaten | To prevent diseases, cough | 1 | | | |
| | | | L | Decoction | Int., drunk on an empty stomach | High blood sugar | 3 | | | |
| | | | | Directly | Ext., wrapped on affected area | Bruise | 3 | | | |
| | | | F | Directly | Int., every day a handful of fruit is eaten | High blood sugar | 10 | | | |
| *Myrtus communis* L. subsp. *communis* (369), 36961 Myrtaceae | Mersin, yaban mersini | M/LC | Infusion (with olive leaf) | | Int., consumed as tea | High blood sugar | 1,3 | 6 | 0.065 | 0.032 |
| | | | L | Infusion | Int., drunk | Flatulence, constipation and as a diuretic | 3,14 | | | |
| | | | | Dried leaves or by adding sugar to dried leaves | Ext., wrapped on affected area | Blood stopper | 1, 3, 4, 10, 11, 13, 14, 17, 18 | | | |
| *Nicotiana tabacum* L. (3732) Solanaceae | Tütün | Cul | L | Decoction | Int., 3 tablespoons of this decoction is drunk | Cardiovascular disorders | 4 | 18 | 0.195 | 0.173 |
| | | | | Honey is applied on the dried leaves | Ext., wrapped on chest and back | Cough | 17 | | | |
| | | | L | Infusion | Int., consumed on empty stomach | High blood sugar | 1, 5, 15 | | | |
| *Olea europaea* L. subsp. *europaea* (3698, 3699, 37001) Oleaceae | Zeytin | M | F | Seed of fruit is removed, pulp crushed with salt or vinsmoked | Ext., wrapped on affected area. | Bruise | 7, 10,11, 12 | 9 | 0.097 | 0.065 |
| | | | | Crushed, placed on Sambucus ebulus leaves | Ext., applied on affected area | Pain | 5 | | | |
| | | | | Fruit oil is mixed with beeswax | Ext., applied affected area | Burn | 10 | | | |
| | | | | Crushed | Ext., wrapped on affected area | Bruise | 3,8,11 | | | |
| | | | | Fruit oil | Int., drunk | Constipation | 1 | 27 | 0.293 | 0.184 |
| | | | | | Ext., applied inctally | Constipation in babies | 1 | | | |
| | | | | | Ext., the scalp is rubbed with fruit oil | Scurf in babies | 1 | | | |
| | | | | | Ext., dripped to the ear with the help of a paper cone, and cone is lighted while in the ear | Earache and getting water into the ear | 1 | | | |
| | | | | | Ext., applied on affected area | Itching, eczema or diaper rash (in babies) | 1 | | | |
| | | | | Directly or fruit oil | Int., consumed | To prevent from cardiovascular disorders | 1 | | | |
| *Paliurus spina-christi* Mill. (3780, 3790, 3791) Rhamnaceae | Çalı dikeni, çalıkuşu dikeni, küpeli dikeni | MR | F | Infusion | Int., consumed as tea | Shortness of breath | 12 | 1 | 0.010 | 0.010 |
| *Papaver rhoeas* L. (3680) Papaveraceae | Gelincik | MR/LC | FI | Macerated in water under sunlight for a week | Int., drunk | Cough and as paracea | 1 | 3 | 0.032 | 0.021 |
| | | | | Decoction | Int., drunk | As breastmilk enhancer | 3 | | | |
| *Petroselinum crispum* (Mill.) Fuss (3689, 36901 Apiaceae | Maydanoz | Cul | AP | Infusion | vapour of infusion is inhaled before bedtime | Shortness of breath, cough, and the common cold | 6 | 9 | 0.097 | 0.065 |
| | | | | | Int., drunk | Menstrual stimulant | 3 | | | |
| | | | | Infusion | Int., obtained sap consumed with lemon | Eye disorders (especially loss of vision) | 3 | | | |
| | | | | Directly | Int., eaten | Abortifacient | 3 | | | |
| | | | | Directly or infusion | eaten or consumed as tea | Diuretic | 3 | | | |
| | | | | Directly | Ext., wrapped on the throat | Sore throat | 14 | | | |
| *Phillyrea latifolia* L. (3713, 3719) Oleaceae | Gökçe ağacı | M/LC | L | Decoction | Int., consumed on empty stomach in the morning | High blood sugar | 1, 5, 17 | 5 | 0.054 | 0.054 |
| | | | | Infusion | int consumed on empty stomach in the morning | Hypertension | 17 | | | |
| *Pinus nigra* J.F. Arnold subsp. *nigra* (3743, 3744, 3745, 3746) Pinaceae | Çam | MR/LC | C | Decoction is prepared with immature cones | Int., drunk | Asthma, and shortness of breath | 3,7 | 14 | 0.152 | 0.139 |
| | | | | Infusion is prepared with immature cones and kept in cold for one night | Int., drunk every morning | High blood sugar | 4 | | | |
| | | | | Mixed With soap and heated to obtain ointment | Int., drunk in the morning | Asthma | 5 | | | |
| | | | Re | Onion is hollowed out and pine resin and soap are placed in this cavity and heated | Ext., applied on affected area | Wound healing | 1, 3, 98, 15 | 18 | 0.195 | 0.130 |
| | | | | | Ext., wrapped on affected area | Abscess | 111, 14 | | | |
| | | | YS | Infusion | Int., drunk in the mornings | Shortness of breath | 4 | | | |
| | | | P | Decoction | Int., drunk | Stomach disorders | 4 | | | |
| *Platycladus orientalis* (L.) Franco (3714) Cupressaceae | Servi | Exo/NT | C | The immature cone is peeled off and macerated in water for 10 minutes | Int., consumed | Haemorrhoid | 2 | 1 | 0.010 | 0.010 |
| *Plantago lanceolata* L. (3800, 3801) Plantaginaceae | Damar otu | MR/LC | L | Infusion (fresh or dried leaves) | Int., drunk in the mornings | Cardiovascular disorders | 1, 10, 14 | 9 | 0.097 | 0.043 |
| | | | | Decoction | Int., drunk every day | Stomach disorders | 1 | | | |
| | | | | Boiled with Malva sylvestris L. leaf | Ext., leaves are wrapped on affected area while hot | Nerve compression | 1 | | | |
| | | | | Directly | Ext., applied on affected area | Wound healing | 1 | | | |
| | | | | Directly | Ext., applied on affected area | Abscess | 5, 11, 14 | 14 | 0.152 | 0.139 |
| *Plantago major* L. (3783) Plantaginaceae | Sığır yaprağı | MR/LC | L | *Heated or fir resin is placed on P. major leaf* | Ext., applied on affected area | Abscess | 2 | | | |
| | | | | Pine or fir resin is mixed with soap and placed on the *P. major leaf* | Ext., wrapped on affected area | Abscess | 8 | | | |
| | | | | Directly | Ext., wrapped on affected area | Wound healing | 111, 14, 15 | | | |
| | | | | Pine is crushed and placed on *P. major* leaf | Ext., wrapped on affected area | Wound healing | 2 | | | |
| | | | | Leaves smeared with butter | Ext., applied on affected area | Wound healing and wart | 16 | | | |
| *Prunus cerasus* L. (3677, 3678) Rosaceae | Kiraz | Cul | AP | Infusion | Int., consumed as tea | Heartburn | 14 | 9 | 0.097 | 0.076 |
| | | | R | Infusion | Int., consumed as tea | Cough | 16 | | | |
| | | | S | Directly | Int., swallowed with water | Diarrhoea | 1 | | | |
| | | | F | Directly | Int., eaten directly | Constipation | 1 | | | |
| *Prunus persica* (L.) Batsch (3747, 3748) Rosaceae | Şeftali | Cul/IT | L | Crushed | Ext., sap obtained by crushing the leaves applied on affected area | Foot and mouth disease, wart | 5, 14 | 2 | 0.021 | 0.021 |
| *Raphanus raphanistrum* L. (3704, 3705) Brassicaceae | Hardal | MR/Cul | R | The root is hollowed out and filled with honey and washed one night | Int., the resulting water with honey in the root is drunk | Cough, asthma, shortness of breath | 2 | 3 | 0.032 | 0.010 |
| *Rhus coriaria* L. (3685) Anacardiaceae | Tere | MR/LC | L | Infusion (fresh or dried leaves) | Int., consumed as tea | Sore throat | 1 | 2 | 0.021 | 0.021 |
| *Robinia pseudoacacia* L. (3697) Fabaceae | Akasya | MR/LC | FI | Infusion | Int., consumed as tea | Shortness of breath, flu, and nasal congestion | 1 | 3 | 0.032 | 0.010 |
| *Rosa canina* L. (3674, 3675, 36751) Rosaceae | Kuşburnu, yaban gülü | MR/LC | F | Decoction (fresh or dried fruits) | Int., consumed as tea | Cough, haemorrhoid | 5, 6, 12 | 10 | 0.108 | 0.065 |
| | | | | Decoction (linden could be added) | Int., consumed as tea | Cough, flu, and to prevent Diseases | 1 | | | |
| | | | | Decoction | Int., consumed as tea | Knee pain | 1 | | | |
| | | | | Marmalade | Int., eaten | Diarrhoea | 1 | | | |
| *Rubus sanctus* Schreb. (3710, 3711, 3712) Rosaceae | Böğürtlen | MR | R | Infusion | Int., drunk in the morning | High blood sugar | 1, 3 | 5 | 0.054 | 0.043 |
| | | | | Decoction | Ext., the face is washed with decoction and not rinsed. | Pimple | 1 | | | |
| | | | | Decoction | Int., drunk | Gonorrhoea | 1 | | | |
| | | | | Decoction | Ext., feet are washed in it | Oedema in the foot | 1 | | | |
| | | | YS | Infusion | Int., consumed as tea | Hypertension | 4 | 12 | 0.130 | 0.076 |
| | | | | Infusion with laurel fruit and rosehip | Int. consumed as tea | Pain | 1 | | | |
| | | | F | Directly | Int., eaten | Eye disorders (especially for vision loss) | 2, 8 | | | |
| | | | L | Leaves are dried over fire and grounded. An apple is cooked in olive oil until it reaches a jam consistency | Ext., apple that cooked in olive oil applied on affected area and dried and ground leaves sprinkled on it | Burn and wound | 6 | | | |
| *Rumex acetosella* L. (3781, 3782) Aspargaceae | Sofa dikeni, seçen dikeni | MR/LC | R | Decoction | Int., consumed as tea | Kidney stone | 1, 3 | 3 | 0.032 | 0.032 |
| | | | - | Infusion | Int., consumed as tea | Urinary inflammation | 10 | | | |
| *Sambucus ebulus* L. (3662, 3665, 3666, 3667, 3668, 36691 Viburnaceae | Yığılgın | ES/LC | L | Directly, or by warming, or boiling, or by adding sugar to dried *Olea europaea* L. fruit on the leaves | Ext., applied on affected area | Pain | 2-5, 11, 12, 14, 18 | 23 | 0.260 | 0.239 |
| | | | | Directly or crushed with salt and lightly roasted | Ext., applied on affected area | Bruise | 3, 4, 14 | | | |
| | | | | Directly or cooked in milk | Ext., applied on affected area | Sprain | 16 | | | |
| | | | S | Directly | Int., 3-5 seeds are swallowed | Haemorrhoid | 2, 14 | | | |
| *Sempervivum brevipilum* Muirhead (3775, 3776) Crassulaceae | Temüzyağ, temnyağ | IT/LR | L | The sap obtained by cutting the leaves | Ext., applied on affected area | Fungal or lichen infections (called "temnyağ, temre" by local people) | 1, 3, 7, 9, 11 | 6 | 0.065 | 0.065 |
| *Serapias vomeracea* (Burm.f.) Briq. (3723) Orchidaceae | Salep | M/LC | T | The tubers are boiled in milk, then dried and powdered. A drink is prepared by boiling the powder with water or milk | Int., drunk | Cough | 1 | 2 | 0.021 | 0.010 |
| *Smilax excelsa* L. (3764, 3765, 3766, 3767) Smilacaceae | Çoban ekmeği, çoban dikeni, bakal bizi, kanalçan dikeni, öz dikeni | M | L | Fresh or spread on warmed leaf of soap and fr resin are spread on leaf | Ext., applied to affected area for one night | Abscess | 9, 11 | 5 | 0.054 | 0.043 |
| | | | | Directly | Ext., applied on affected area | Wart, wound healing | 1, 7 | | | |
| *Solanum dulcamara* L. (3688) Solanaceae | Bere otu, bürük otu | ES/LC | AP | Directly | Ext., applied on affected area | Bruise | 12 | 1 | 0.010 | 0.010 |
| *Solanum nigrum* L. (3686, 3691) Solanaceae | Oxaz | ES/LC | F | Directly | Int., eaten (excessive consumption can cause constipation) | Diarrhoea | 1, 5 | 2 | 0.021 | 0.021 |
| *Tilia rubra* (Hesston) DC. subsp. *caucasica* (Rupr.) V.Engl. (3772, 3773) Malvaceae | Ihlamur | ES | FI | Decoction | Int., consumed as tea | Cough | 9, 12 | 10 | 0.108 | 0.097 |
| | | | | Infusion | Int., consumed as tea | Common cold, flu and shortness of breath | 1, 3, 4, 7, 14 | | | |
| *Trachystemon orientalis* (L.)Don (3673) Boraginaceae | Zıbıldık, dere mancarı, hodan, kabdıraşk | ES | YS+L | Infusion | Int., consumed as tea | Cough | 16 | 1 | 0.010 | 0.010 |
| *Ulmus glabra* Huds. (3679) Ulmaceae | Kara ağaç | ES | RB | Crushed and boiled in milk | Ext., wrapped on the affected area | Bruise | 16 | 1 | 0.010 | 0.010 |
| *Urtica dioica* L. (360, 3663, 3664) Urticaceae | Isırgan | ES/LC | S | Directly or mixture with honey | Int., swallowed or eaten | To prevent diseases | 1, 5 | 11 | 0.152 | 0.108 |
| | | | YS | Decoction | Ext., hair is washed with it | Hair loss | 1 | | | |
| | | | L | Infusion is prepared with fresh or dried leaves that is collected at noon. This infusion is cooled for 5-6 hours | Ext., applied on affected area | Pimple, ringing Re ear | 1, 3, 5, 10, 17 | | | |
| | | | | | Int., consumed as tea for 3-6 days | Rheumatism | 4 | | | |
| | | | AP | Boiled in water, filtered and the hot pulp is used | Ext., applied on affected area while hot | Pain | 1 | 20 | 0.217 | 0.163 |
| | | | | Infusion or infusion kept in the sun for 3-4 days | Int., drunk | Pain, nose bleeding, kidney stone | 4, 7, 11 | | | |
| | | | | Decoction | Int., consumed as tea | Haemorrhoid | 7 | | | |
| | | | | Decoction | Int., drunk on an empty stomach | High blood sugar | 7 | | | |
| | | | | Crushed | Ext., wrapped on knees | Knee pain | 7 | | | |
| *Xanthium spinosum* L. (3686, 36871 Asteraceae | Çakır dikeni | MR | L | Infusion, kept in the cold overnight | Int., drunk | Malaria | 5, 11 | 2 | 0.021 | 0.021 |
| *Vicia faba* L. (3670) Fabaceae | Kara bakla | Cul | S | Directly or cooked as meal | Int., eaten | Memory impairment and for reducing symptoms of dementia | 1 | 1 | 0.010 | 0.010 |
| *Viola odorata* L. (3788, 37891 Violaceae | Yalan menekşesi, dağ menekşesi | MR/LC | L | Directly | Ext., applied on affected area | Abscess | 1, 16 | 2 | 0.021 | 0.021 |
| *Viscum album* L. (3671, 3672) Santalaceae | Purç | MR/LC | L+FJ | Infusion | Int., consumed as tea | High blood sugar, hypertension | 4 | 4 | 0.043 | 0.021 |
| | | | L | Infusion | Int., consumed as tea | Cardiovascular disorders | 1 | | | |
| *Vitis vinifera* L. (3693, 36941 Vitaceae | Üzüm | Cul | SJ | Hair is washed with it | Ext., hair is washed | Hair care | 1, 3 | 5 | 0.054 | 0.043 |
| | | | F | Vinegar prepared from fruit | Ext., applied on affected area | Bee sting | 1 | | | |
| | | | | Vinegar prepared from fruit | Ext., cloth is dipped in vinegar and wrapped around the forehead | Fever for children | 1 | | | |
| | | | | Directly | Int., eaten | Anaemia | 1 | | | |

YPR: Phytogeographical region, IUCN: International Union for Conservation of Nature, Cul: Cultivated, ES: Euro-Siberian, Exo: Exotic, IT: Irano-Turanian, LC: Least concern, LR: Lower risk, M: Mediterranean, MR: Multi-region, NT: Near threatened, YP: Aerial part, C: Cone, ED: Essential oil, F: Fruit, FJ: Fruit juice, FI: Flower, FP: Fruit peel, FS: Fruit stalk, I: Inflorescence, LL: Latex, L: Leaf, P: Phloem, Re: Resin, R: Root, RB: Root bark, S: Seed, Sh: Shoot, SB: Stem bark, SJ: Stem juice, T: Tuber, YS: Young shoots, WP: Whole plant, I,Ex: Externally, Int: Internally, ?: It is unknown how it was used, Loc.: Locality, Cit.: Citation, UV: Use value, RFC: Relative frequency of citation